



# Mesina “Mo” Sylla

— LPN —

## *Countryside Meadows*

Countryside Meadows is proud to have Mesina “Mo” Sylla as our 2020 Quest for Excellence winner. Mo is an LPN and has worked with ASC for 14 years. She started her career in long term care as a Dietary Aide and soon moved to a CNA position and served there for 20 years. She joined Countryside Meadows as a CNA while obtaining her LPN and has been a tremendous nurse for three years. She has been a staple on the facility’s COVID unit, often seen providing reassurance and comfort to those struggling with the virus. She has frequent communication with families and helps them with window visits, requesting chocolate and treats for those who weren’t eating well, and showing genuine compassion to both residents and families.

Her supervisors and peers describe her as a smiling, helpful, caring, compassionate and hardworking nurse. She is quick to help her peers and CNAs. She is a strong leader and sets a great example. She is kind and patient with families and residents. Residents repeatedly voice their love and respect for her. She is frequently nominated as Quest for Excellence Employee of the month. She has also won Quest for Excellence at two other ASC facilities, which is a strong indicator of her excellence as a caregiver and employee.

Mo is a proud grandmother to seven grandchildren. Her grandkids are her heartbeat and she loves spending time with her family. She also loves to cook, read and travel.

