



Cynthia Carrington

— HOUSEKEEPING AIDE —

Greenwood Meadows



Greenwood Meadows is proud to announce that Cynthia Carrington is our Quest for Excellence winner for 2022! Cynthia began her career in the hospitality and housekeeping industry over twenty years ago. She has been supporting Greenwood Meadows for the last nine years.

Cynthia loves her job and her residents. Cynthia attributes her armed forces experience and deployments to Iraq with giving her a unique understanding of what residents go through being away from their lives and loved ones. She is always aware of the power of her attention in brightening a patient's mood and improving their well-being. Cynthia's care for her residents and selfless dependability makes her an easy choice for Quest for Excellence.

Cynthia also credits her years in the Army National Guard for creating a very organized and efficient mindset, allowing her to masterfully manage her role as a Housekeeper. As a Supply Specialist, her attention to the details of maintaining inventory logs for the equipment and supplies has developed her into an organized professional. She served in that role in Iraq in 2004-2005, and upon her return home she became a housekeeping professional, working hotels, medical offices, and private homes. Greenwood Meadows was blessed when she passed through our doors in 2013.

Cynthia has one daughter who followed her mother's footsteps into military service. She is very proud of Tech Sargent Brittany Carrington for her fifteen years of service.

Cynthia perfectly embodies the spirit of "Quest." Excellence is truly her daily goal.

