



PRESS RELEASE

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For Immediate Release

American Senior Communities' Diane Sturgeon Recognized with a 2023 Senior Living Award by the IHCA/INCAL

French Lick, IN – American Senior Communities is pleased to announce that Diane Sturgeon, Unit Manager from [Springs Valley Meadows](#), is the recipient of the prestigious IHCA/INCAL Senior Living Award. She has been honored with the Caregiver of the Year award. The IHCA/INCAL's annual Senior Living Award program recognizes professionals in nursing facilities and assisted living communities across the state of Indiana for their exemplary contribution and unwavering commitment to delivering quality care. Award winners are selected from peer and colleague nominations.

"Diane is so deserving of this award. I am proud to work alongside her every day," said Springs Valley Meadows Executive Director, Skylar Whiteman. "She is a respected leader not only in our nursing department, but in every discipline. She is a touchpoint for staff, residents and families, and somehow always seems to know the pulse of our building. We see her dedication on a daily basis, but we are so excited for her to be recognized statewide."

"Our 2023 Senior Living Award honorees remind us that health care is more than just medicine. Through nutritious meals, arts and crafts, or a comforting smile or embrace, this year's recipients have enriched the lives of the seniors they serve," said Paul Peaper, president of IHCA/INCAL. "We hope their stories are an inspiration for all health care heroes in our state as we jointly work to serve Hoosiers."

Recipients of the 2023 Senior Living Awards were honored at the Association's annual Convention & Expo on Monday, July 31 at the JW Marriott Indianapolis, where more than 430 Indiana nurses, nursing assistants, health facility administrators, clinical staff and others working in long-term care and assisted living centers across the state were in attendance.

About American Senior Communities:

American Senior Communities offers a wide variety of Lifestyle and Care Options including Garden Homes, Assisted Living, New Energy Wellness, Inpatient and Outpatient Rehabilitation, Memory Care, Skilled Nursing Care, Hospice and Respite. Our mission is to compassionately serve each customer with quality care and excellence. To learn more about American Senior Communities visit ASCCare.com.

About IHCA/INCAL:

IHCA/INCAL is the state's largest trade association and advocacy group representing for-profit and not-for-profit nursing homes, as well as assisted living communities and independent living. The Association provides education, information, and advocacy for health care providers, consumers, and the workforce on behalf of its more than 480-member facilities.